

# JENNIFER E. O'BRIEN-TRAFICANTE

## MA, LCMHC

### EDUCATION

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<b>State of NH Licensure, LCMHC #333</b>	Dec. 17, 1999	New Hampshire
<b>MA in Clinical Mental Health Counseling</b>	May 1997	Rivier College, Nashua, New Hampshire
<b>BA in Behavioral Science, Minor in Gerontology</b> <i>Cum Laude Graduate</i>	May 1992	Green Mountain College, Poultney, Vermont

### PROFESSIONAL EXPERIENCE

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**Psychotherapist** September 2020 - Present Lamora Psychological  
Nashua, NH  
Provided psychotherapy to adults, adolescents, couples and families. Specialized in treating mood disorders, anxiety disorders, substance abuse, and PTSD.

**Youth & Family Therapist** January 2018 to Present Boys and Girls Club of Souhegan Valley  
Primary responsibilities include providing support to children and youth who may have been affected by a loved one's substance use disorder. Additional responsibilities include co-facilitating a supportive and evidence based curriculum used in the program to improve self-concept and behavioral coping skills for youth exposed to Adverse Childhood Experiences. Position also includes community resource development with Director and additional staff working in the program.

**Hospice Medical Social Worker** January 2009-May -2012 St Joseph Home and Hospice Care  
Nashua, NH  
Provided initial psychosocial evaluations, ongoing psychosocial counseling of patients and families, addressed end of life issues, grief counseling, and follow up care with families after the loss of a loved one. Provided community resource needs identification, outreach, and referral. Direct casework service, financial assistance, long and short range goal planning with patients and families, case coordination with other disciplines and treatment professionals, liaison with grief counselors in community, local and state agencies, area funeral homes, and hospital staff involved with patient cases. Office resource and educator regarding Advanced Directives, Guardianship, and Mandated Reporting.

**Psychotherapist** November 2007-January 2009 Lamora Psychological  
Nashua, NH  
Provided psychotherapy to adults, adolescents, couples and families. Specialized in treating mood disorders, anxiety disorders, substance abuse, and PTSD.

**Psychotherapist** Aug. 2004 – November 2007 Slatoff and Ward Psychological  
Nashua, NH  
Provided psychotherapy to adult, adolescents, couples, and families. Specialized in treating mood disorders, anxiety disorders, substance abuse, and PTSD.

**Senior Social Worker** Sept. 2005 – May 2007 Southern NH Medical Center  
**Patient and Family Services** Nashua, NH  
Supervised social workers in the department serving as a clinical role model, provided supervision to manage urgent and emergent clinical situations and focused on process improvement within the social worker's role in the hospital. Coordinated social work staffing and managed social work and patient flow. Fostered a positive, team oriented work environment with effective communication and continued education related to the roles performed with the variety of

patients that are treated. This role was performed while continuing to maintain social work cases on assigned floors (ICU, Oncology, and Medical Surgical).

*Additional responsibilities include:*

- Member of Hospital Domestic Violence Committee
- Member of Hospital Ethics Committee
- Liaison to HIV Task Force for all patients admitted with this diagnosis
- Provide education to medical community regarding abuse reporting and being Mandated Reporters to include being liaison to local BEAS and DCYF offices and also at state level.
- Hospital resource and educator regarding Advanced Directives and Guardianships to include being liaison to Nashua Probate court and area lawyers assigned to cases presented for guardianship.

**Social Worker** July 2001 – Sept. 2005 Southern NH Medical Center  
**Patient and Family Services** Nashua, NH

Provided direct services to neonate through geriatric patients and their families in an acute care setting. Provided intervention and support counseling to patients, families and groups in relation to adjustment to illness/hospitalization. Served as a liaison between patients, families, healthcare professionals and community agencies. As part of the multidisciplinary treatment team, provided psychosocial assessments in the development of individual treatment and discharge plans.

**Psychotherapist** Feb. 2001 – Dec. 2003 MA,LCMHC  
**Private Practice** Nashua, NH

Provided individual as well as group psychotherapeutic counseling services to adults and adolescents. Specialized in marriage counseling, individual counseling, and substance abuse counseling.

**Clinical Case Manager** June 2000 – July 2001 Community Council of Nashua  
**Multi-Service Team** Nashua, NH

Provided services to individuals dually diagnosed with a serious mental illness and a substance abuse disorder. Services provided through the provision of aggressive treatment and outreach. Services were tailored to individual consumer need and may have included but not limited to mental illness management services, case management, individual, group and family therapies, housing supports and vocational Services. Responsibilities included assessment, treatment planning, crisis intervention, after hours emergency consultation coverage, coordination of consumer's Individual Service Plan within agency and with external agencies. Responsible for functioning as the consumer's advocate in obtaining needed services both within the clinic and in the community. Generated and maintained clinical records in keeping with all State, JCAHO, funding and Community Council standards and requirements.

**Social Worker/Therapist** June 2000 – July 2001 Community Council of Nashua  
**Assessment and Brief Treatment** Nashua, NH

Responsible for providing direct diagnostic assessment and short-term therapy to adults' ages 18 to 59. The psychotherapeutic services provided were brief, goal-oriented, problem-focused, and geared to reduce symptoms, bolster coping mechanisms, and improve functioning. Functioned as part of a team to provide assessment, crisis intervention, and stabilization services to adults, children and families undergoing emotional distress or acute decompensation. Duties included evaluations, treatment planning, group/individual/family process-oriented therapies, as well as the conduction of educational and other didactic groups for clients and family members, case coordination/management, and maintenance of client records in accordance with JCAHO and Division of Behavioral Health standards.

**Emergency Service Clinician**     June 1998 - June 2000  
**Crisis Center**

Community Council of Nashua  
Nashua, NH

Responsible for psychiatric crisis calls, Clinical Evaluations, Treatment Planning, Case Coordination/Management, IEA's and assessment of suicidal and homicidal individuals.

**Therapist & Case Manager**     May 1996 - June 2000  
**Rehabilitative Partial Hospitalization Program**

Community Council of Nashua  
Nashua, NH

Assisted in crisis management, Psychotherapeutic and Psycho-educational group therapies, and skills development. Educated clients in assertiveness, communication, and negotiation skills in a goal oriented setting. Clinical duties included: intake and treatment planning for program, facilitation of therapeutic groups, crisis intervention, case management, individual psychotherapy, program planning, and facilitation of Dialectical Behavior Therapy program. Facilitated monthly agency training on varied topics in the field in addition to coordinating presentations with prescriptive drug companies. Member of Dialectical Behavior Therapy consultation team providing training and consultation to Community Council and area agencies.

**Additional activities:**

Notary Public since 2001

Continued attendance of Continuing Education programs to maintain State License with NH Board of Mental Health.

Missionary work with Haiti Starting in February 2017. Fifth trip was February 2020.

Member of Tree of Hope Haiti stateside sponsorship committee.

Trustee for Wadleigh Memorial Library May 2017-Present

Member/Attendant of the Good News Bible Church in Wilton , NH 2007- Present