

## Licensure

NH Clinical Psychologist, licensed since 2013 (#1300)

## Education

- ◆ *PsyD, Clinical Psychology – 2009*, Antioch University New England, Keene, NH, Doctoral Program in Clinical Psychology (APA approved), Dissertation: Partial Development of an Early Childhood Resource Manual
- ◆ *MS, Clinical Psychology – 2003*, Antioch New England Graduate School, Keene, NH
- ◆ *MS, Education, Major in Counseling and Counselor Education – 1997*, Indiana University, Bloomington, IN
- ◆ *BA, Psychology – 1995*, Rivier College, Nashua, NH
- ◆ *AS, Business – 1993*, Rivier College, Nashua, NH

## Clinical Experience

*Merrimack Valley Counseling Association, Nashua, NH*; Population: predominately suburban, range of SES and Race / Ethnicity

***Fee for Service Clinician - Feb 2016 – Present***

- ◆ Providing individual, family, and couples therapy with clients of all ages

*Riverbend CMHC, Franklin, NH*; Population: predominantly rural, low SES, Caucasian

***Coordinator, Children's Services - Dec 2013 – Feb 2016***

- ◆ Managed a team of six office- and community-based staff, providing clinical and administrative supervision
- ◆ Triageed all incoming child and adolescent treatment referrals
- ◆ Conducted individual therapy with youth – preschool thru late adolescence, as well as family therapy with and without the youth
- ◆ Facilitated on-going consultation regarding Trauma Focused-Cognitive Behavioral Therapy
- ◆ Provided program consultation to Project Manager for Project AWARE grant, which is focused on meeting the mental health needs of students in the Franklin, NH school district
- ◆ Co-facilitated Youth Mental Health First Aid trainings in communities local to Franklin, NH
- ◆ Special interest in early childhood treatment, parenting work, as well as grief and loss
- ◆ Trained in Child-Parent Psychotherapy (CPP)
- ◆ Core Faculty, Pre-doctoral Internship in Professional Psychology – supervised one pre-doctoral intern and facilitate a monthly seminar entitled, “Reflective Practice and the Therapeutic Use of Self”

*The Village for Families & Children, Hartford, CT*; Population: predominantly inner city, low SES, African American and Hispanic

***Clinician (practicing psychologist) - Sept 2010 – Dec 2013***

- ◆ Conducted individual and/or family therapy with children (preschool thru late adolescence) and adults addressing a range of diagnoses related to: mood disorders (including Bipolar Disorder); anxiety disorders (including PTSD); AD/HD and behavioral disorders; substance use disorders (primarily cannabis and alcohol related disorders); Schizophrenia; and developing personality disorders
- ◆ Addressed a range of issues including those related to: removal from birth family; TPR and adoption; attachment issues; parental incarceration; physical and/or emotional abuse and neglect; sexual abuse; grief and loss; sexual orientation; gender identity; and learning disorders
- ◆ Special interest in early childhood treatment, as well as grief and loss
- ◆ Trained in evidenced-based treatments: Trauma Focused-Cognitive Behavioral Therapy and its counterpart, Childhood Traumatic Grief, as well as Multi-family therapy
- ◆ Provided informal clinical and peer support to colleagues at their request

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- ◆ Provided intermittent clinical supervision to specific staff at the request of the clinical manager
- ◆ Facilitated monthly peer group with colleagues to address use of self in treatment as well as other issues
- ◆ Developed and implemented anger management and interpersonal process groups with adolescents
- ◆ Developed multi-family group therapy curriculum addressing grief and loss due to death of a loved one
- ◆ Conducted Professional Development seminar with psychology interns (2011-2012)
- ◆ Co-facilitated “Use of Self” seminar with master’s level social work interns (2010-2011; 2011-2012)
- ◆ Committee Member – United Way (2010, 2012); Workplace Safety (2012)

### ***Post-Doctoral Resident - Aug 2009 – Sept 2010***

- ◆ Addressed the above diagnoses and issues with children of all ages, adults, and families
- ◆ Additional duties included conducting psychological evaluations with children (ages 7 – 16)

### ***Interim Clinical Supervisor - Jan 2008 – Aug 2009***

- ◆ Addressed the above diagnoses and issues with children of all ages, adults, and families
- ◆ Additional duties included triaging and addressing clinical needs for previous supervisor’s clients; managing the issues and needs within the building; providing bi-weekly clinical and administrative supervision to four fee-for-service clinicians; and providing clinical supervision as needed to staff members within the building

### ***Clinician - Sept 2006 – Jan 2008***

- ◆ Addressed the above diagnoses and issues with children of all ages, adults, and families
- ◆ Additional duties included being trained in the “Focus on Kids” co-parenting model to facilitate forensic parent counseling sessions

### ***Pre-Doctoral Intern, Clinical Psychology - Sept 2005 – Sept 2006***

- ◆ Primary placement: outpatient clinic conducting therapy with children and families, addressing the range of issues and diagnoses noted above
- ◆ Secondary placement: Juvenile Justice Intermediary Evaluations program conducting court-ordered assessments with adolescents
- ◆ Completed comprehensive testing batteries via outpatient services, as well as psychological screenings as part of a multi-disciplinary evaluation with children in first time foster placement
- ◆ Provided on-going clinical and limited organizational consultation services to Permanency Services and two school-based Family Resource Centers
- ◆ Conducted group therapy with pre-adolescent girls at a local elementary school addressing self-esteem and anger issues
- ◆ Developed and conducted clinical diagnostic trainings for Permanency Services staff, as well as a training for foster parents regarding the effects of trauma on adolescents
- ◆ Developed a diagnostic training manual available to clinicians in various programs throughout the agency
- ◆ Member of Psychology Staff and The Village Training Committee

*Family Service, Inc., Lawrence, MA; Population: predominantly inner city, low SES, Hispanic*

***Clinician*** (Building Bridges for Children’s Mental Health) - *May 2004 – Aug 2005*

***Clinician*** (Outpatient Clinic – Fee for Service) - *Dec 2003 – Aug 2005*

***Advanced Doctoral Practicum Student*** – *July 2003 – Dec 2003*

***Doctoral Practicum Student*** - *Sept 2002 – July 2003*

*Parker Middle School, Chelmsford, MA; Population: predominantly middle-upper SES, Caucasian*

***Doctoral Practicum Student*** - *Sept 2001 – June 2002*

**Teaching / Training Experience**

*College Courses – Daniel Webster College, Nashua, NH (Aug 2016 – Current)*

- ◆ Principles of Psychology
- ◆ Developmental Psychology

*Year Long Seminar (audience – Pre-doctoral Psychology Interns; Sept 2015 – July 2016)*

- ◆ Reflective Practice and the Therapeutic Use of Self

*Courses (audience – Adolescents)*

- ◆ Sexual Harassment
- ◆ Death, Dying, and Grief
- ◆ Parent-Child Relationships

*Workshops (audience – Adults)*

- ◆ The Roots of Anger
- ◆ Children’s Learning Styles
- ◆ Walking in Children’s Footsteps – Understanding and Coping with Challenging Children
- ◆ Children in Foster Care: Issues of Attachment and Loss
- ◆ Child Sexual Development and Typical Behaviors
- ◆ Mandated Reporting
- ◆ DSM-5

**Professional Affiliations**

American Psychological Association  
NH Psychological Association

**References**

*Available Upon Request*