

# Derek Lavoie

## EDUCATION

Rivier University, Nashua, NH  
Department of Counseling and School Psychology  
Psy.D. Counseling and School Psychology  
September 2016 - August 2022  
GPA: 4.0

University of Massachusetts, Lowell, MA  
Bachelor of Arts: Psychology  
September 2008 - December 2012

## CLINICAL EXPERIENCE

### **LaMora Psychological Associates**

Group Practice, Nashua, NH  
Postdoctoral Fellow - 40 hrs/week

Responsibilities: I provide individual therapy with a variety of clients, many of whom are dealing with legal issues, personality disorders, complex trauma, substance use, and prolonged grief. I conduct an array of psychological assessments with referrals involving: court-ordered, anger, substance use, pre-surgery, fitness for duty, neurocognitive, diagnostic, and parental capacity evaluations.

September 2022 - Present  
Supervisor: Michael Phillips, Ph.D.

### **Harbor Care Health and Wellness Center**

Federally Qualified Health Center, Nashua, NH  
Doctoral Psychology Intern - 40 hrs/week

Responsibilities: I conducted outpatient therapy with a variety of clients, many of whom were dealing with legal issues, personality disorders, complex trauma, or substance use. I conducted neuropsychological assessments with a variety of presentations. I also conducted group and individual therapy weekly at Keystone Hall: a residential program for substance use disorder. I participated in integrated care, in which I collaborated with primary care to initiate referrals and assessment to the behavioral health department. I attended a variety of seminars and training weekly as part of the internship.

August 2021 - September 2022  
Supervisors: Susan Vonderheide, Ph.D., APRN  
Joan Scanlon, Ph.D., Lauren Meehan Psy.D.

### **TaraVista Behavioral Health Center**

Short-term Inpatient Hospitalization, Devens, MA  
Mental Health Counselor - 32 hrs/week

Responsibilities: I managed the milieu of an adult inpatient unit. I regularly checked-in with my assigned patients and supported all patients daily. I ran therapeutic groups ranging from cognitive behavioral therapy (CBT), dialectical behavioral therapy (DBT), and psychoeducation, to more experience-focused gestalt groups. I am also a member of the emergency response team (ERT); I responded to psychiatric emergencies, around the hospital, and de-escalated or intervened as necessary. I have participated in the employee council, providing feedback and discussion pertaining to hospital policies and events. I have experience with adult, adolescent, and pediatric populations.

February 2018 - February 2022  
Supervisor: Laurie Izzo RN, BSN, MHA

**Greater Nashua Mental Health - Mental Health Court**

Community Mental Health Center, Nashua, NH

Doctoral Practicum Student - 20 hrs/week

Responsibilities: I worked with individuals involved in mental health court by offering brief individual therapy, crisis intervention, treatment planning, and conducting assessment as necessary. Assessment referrals consisted of diagnosis clarification, cognitive capacity, malingering, and risk assessment. I also conducted long-term group therapy focused on cognitive restructuring utilizing experiential, cognitive-behavioral, and schema therapy principles. I received one hour of individual supervision weekly.

January 2020 - August 2020

Supervisor: Cynthia Whitaker Psy.D., MLADC

**Greater Nashua Mental Health - Intake & Assessment**

Community Mental Health Center, Nashua, NH

Doctoral Practicum Student - 20 hrs/week

Responsibilities: I conducted intakes for all ages, determined eligibility, assigned services, and determined diagnoses. I also performed court ordered mental health evaluations and court ordered LADC evaluations twice weekly. These consisted of a variety of self-report measures and a clinical interview comprised of speaking towards the offense with a full biopsychosocial history. I performed individual therapy for two long-term clients; one of these individuals was mandated to seek therapy by the court and was awaiting trial. mCognitive behavioral therapy (CBT) and existential therapy were predominantly utilized due to their individual needs. I received individual supervision for one hour weekly.

May 2019 - December 2019

Supervisor: Cynthia Whitaker Psy.D., MLADC

**Rivier University Office of Disability Services**

College Counseling and Academic Support, Nashua, NH

Doctoral Practicum Student - 20 hrs/week

Responsibilities: I supported students academically, ran alternative testing environments, and determined academic accommodations. I assessed students for depression, adjustment difficulties, and various types of anxiety. I provided intervention primarily with cognitive behavioral therapy (CBT) and mindfulness techniques. I conducted intelligence and achievement testing for students who did not have formal documentation. I received one hour of supervision weekly.

September 2018 - April 2019

Supervisor: Robert Walrath Psy.D.

**Arbour Health Partial Hospitalization Program**

Lowell Treatment Center

Practicum Student - 20 hrs/week

Responsibilities: I ran therapeutic groups for adults including cognitive behavioral therapy (CBT), psychoeducation, schema therapy, and gestalt therapy. I maintained a small caseload of patients and coordinated outpatient care. I obtained authorization from insurance and created treatment plans. I also conducted intakes

May 2017 - September 2017

Supervisor: Julie Williams LMHC

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**CERTIFICATIONS****The Adult Needs and Strengths Assessment**

The John Praed Foundation – May 2019

**The Child & Adolescent Needs and Strengths Assessment**

The John Praed Foundation – May 2019

**Nonviolent Crisis Intervention**

Crisis Prevention Institute – February 2018

**Basic Life Support – CPR**

American Heart Association – Since October 2013

## PUBLICATIONS

Lavoie, D. A., & Harwood, E. A. (2022). The predictive ability of early maladaptive schemas for aggression. *Psi Chi Journal of Psychological Research*, 27(4), 306-315. <https://doi.org/10.24839/2325-7342.jn27.4.305>

*The Predictive Ability of Early Maladaptive Schemas and Aggression in Adults* (May 2021)

Dissertation

Rivier University

## TEACHING AND WORKSHOP EXPERIENCE

### **An Overview of Assessments Ordered by Court**

Guest Lecturer

Rivier University

November 2022

### **Symptom and Performance Validity in Assessment**

Facilitator

Harbor Care Health and Wellness Center

June 2022

Supervisor: Joan Scanlon Ph.D.

### **Court Ordered Mental Health Evaluation Workshop**

Facilitator

Greater Nashua Mental Health

April 2020

Supervisor: Cynthia Whitaker Psy.D., MLADC

### **Hillsborough County Coalition on Mental Health and Justice**

Representative/Presenter

Greater Nashua - Mental Health Court

March 2020

Supervisor: Cynthia Whitaker Psy.D., MLADC

### **Test Anxiety Workshop**

Facilitator

Rivier University

November 2018

Supervisor: Robert Walrath Psy.D.

### **Handle With Care Training**

Instructor

Behavior Management System

Lowell Treatment Center

January 2017

Supervisor: Shawn Doherty Psy.D.

### **Verbal De-escalation Training**

Instructor

Behavior Management System

Lowell Treatment Center

January 2017

Supervisor: Shawn Doherty Psy.D.

## ADDITIONAL SKILLS

Knowledgeable with XBASS software, most Microsoft products, and SPSS.

Proficient with CareVue, LWSI, InSync, and Athena electronic medical record systems.

Trained in the Rorschach Inkblot Method - R-PAS and CHESSES software

Experienced with the use of Q-Global, Q-Interactive, & PARiConnect for various electronic assessments.

## PROFESSIONAL AFFILIATIONS

American Psychological Association - Since 2018

New Hampshire Psychological Association - Since 2020

**Substance Use**

APA Substance Use Disorder Curriculum for Psychology Graduate Students  
 E-Cigarettes  
 Effectiveness of Naltrexone  
 Evidence-Based Assessment of Substance Use Disorder  
 Integrated Dual Disorder Treatment  
 Preventing Suicide in People with Opioid Use Disorder  
 Stimulant Summit

**Multiculturalism**

Anti-Asian Racism and Racial Trauma: Understanding History, Building Collective Resilience  
 Cultural Humility Series, Part I: Understanding SUD Disparities Among LGBTQIA People  
 Cultural Humility Series, Part II: Social Class Bias and the Negative Impact on Treatment Outcomes  
 Evolving Treatment Paradigms for Transgender & Gender-Diverse Youth  
 Healing Racial Trauma  
 Northern Navajo Medical Center in the Wake of COVID-19  
 Psychological Assessment and the Importance of Context with Transgender and Gender Diverse Persons  
 Racial Equality and Change  
 Racial Inequities in Counseling  
 Treating Racial Trauma in Integrated Care

**Forensic**

Adult Firesetting: Emerging Best Practice in Assessment and Treatment  
 Beyond Validity: The Quest for Justice in Violence Risk Assessment  
 Consultation and Ethical Practice: Dilemmas in Forensic, National Security, and Consulting Psychology  
 Decision Making in Forensic Psychology  
 Feigned Mental Disorders (FMDs): Empirically Informed Forensic Practice  
 How You Communicate Risk Matters: Factors Influencing Interpretation of Risk  
 Improving the Rigor of Forensic Psychological Assessment Practices  
 Legal Insanity  
 Overview of the Validity Indicator Profile  
 Psychopathic Personality  
 Risk Assessment Webinar with Dr. Aileen Brunet  
 The Role of Neuropsychology in Forensic Evaluations: A Broad Overview of the Specifics

**Treatment**

Borderline Personality Disorder and Complex PTSD  
 Cognitive Processing Therapy  
 Family Therapy Systemic Approaches to Care  
 Glutamate and GABA Mechanisms in Psychosis: Research and Clinical Implications  
 Grief, Finding Meaning as the Last Stage & Discussing Sex in Couples Therapy  
 Interpersonal and Social Rhythm Therapy  
 Loneliness and Social Connection at Work  
 Mindfulness  
 Professional and Personal Perspectives on Bipolar Illness  
 Psychiatric Interview: BPD (Borderline Personality Disorder)  
 Religion, Spirituality, and Mental Health: Research and Clinical Applications  
 Risk Factors and Prevention Strategies for a Path to Better Mental Health in Aging  
 Seeking Safety  
 Suicide Prevention  
 The Impact of Grief and Loss on Your Mental Health  
 The Neuropsychiatry of COVID