

## DEBORAH SOLOMON, PSY.D.

### **PERSONAL QUALIFICATIONS:**

- Outpatient psychotherapy experience since 1986 in comprehensive mental health settings
- Expertise and certification in treating addictive disorders
- Training in EMDR, clinical supervision, and short-term therapy
- Extensive managed care experience
- Supervisory and team leadership experience
- Experience with major program reorganizations
- Doctoral-level licensure in Massachusetts and New Hampshire

**LICENSES/CERTIFICATIONS:**   **LICENSED PSYCHOLOGIST – MASSACHUSETTS #6991**  
**LICENSED PSYCHOLOGIST - NEW HAMPSHIRE #789**  
**CERTIFIED ADDICTION SPECIALIST (C.A.S.) #3697**

### **EDUCATION:**

- 1994                   **RUTGERS UNIVERSITY**, Piscataway, NJ (APA approved)  
Doctor of Psychology (Psy.D.), Clinical Psychology
- 1992                   **GEORGETOWN UNIVERSITY**, Washington, DC  
Advanced Psychodynamic Psychotherapy Training Program
- 1991                   **V.A. MEDICAL CENTER / TUFTS UNIV. SCHOOL OF MEDICINE** , Boston, MA  
(APA approved)  
Clinical Psychology Predoctoral Internship Consortium
- 1984                   **TUFTS UNIVERSITY**, Medford, MA  
Bachelor of Science, Psychology, Magna Cum Laude

### **CLINICAL EXPERIENCE:**

#### **PRIVATE PRACTICE, Chelmsford, MA – Individual Generalist Practice**

##### **Clinical Psychologist, 2/04 – Present**

Conduct psychotherapy with adult individuals and couples facing a wide range of life adjustment and mental health difficulties.

#### **LAMORA PSYCHOLOGICAL ASSOCIATES, Nashua, NH – Group Private Practice**

##### **Clinical Psychologist, 9/02 – Present**

Provide psychotherapy to adults using individual, couples, family and group modalities. Conduct groups, eg on separation / divorce, life transitions. Specialties include depression, anxiety disorders, trauma, substance abuse, loss, improving relationships. Interests in women's issues and parenting.

#### **CLM BEHAVIORAL HEALTH, Derry, NH – Community Mental Health Center**

##### **Clinical Supervisor, 9/97 – 2/03**

Provided individual supervision to masters-level and student clinicians in an Adult Outpatient Program; facilitated case dispositions and peer group supervision; conducted clinical evaluations; provided psychotherapy to adults, elders, and late adolescents in individual, couples, and group modalities; treated a wide range of psychological problems including mood, anxiety, eating, personality, substance abuse, and adjustment disorders; worked extensively with managed care companies; taught community seminars; facilitated agency and service reorganizations.

**CLINICAL EXPERIENCE (continued):**

**THE COUNSELING CENTER OF NASHUA, Nashua, NH – Group Private Practice**

**Clinical Psychologist, 6/96 – 10/98**

Provided clinical evaluation and psychotherapy to adults, adolescents. Served as addictions specialist.

**ALEXANDRIA SUBSTANCE ABUSE SERVICES, Alexandria, VA – Outpatient Clinic**

**Psychological Counselor III, 7/93 - 4/96**

Assessed adults with substance use disorders; provided outpatient individual, group, and couples treatment in drug-free and methadone programs; supervised graduate students; testified in court; conducted court-ordered substance abuse evaluations of adults incarcerated in city prison; served on psychologist committee; coordinated with outside agencies such as child protective service and probation/parole. Supervisor: Folger Cleaveland, Ph.D.

**STUDENT CLINICAL EXPERIENCE:**

**GEORGETOWN UNIVERSITY COUNSELING & PSYCHIATRIC SERVICES, Washington, DC**

**Therapist, 9/92 - 6/93**

Provided short-term individual psychotherapy to undergraduate and graduate students in an outpatient evening clinic. Population included a significant number of minority and international students.

Supervisor: Kathryn Camicia, Ph.D.

**Psychology Associate, 9/91 - 6/92**

Student clinician in an intensive postdoctoral psychotherapy training program. Provided short and long-term individual psychodynamic therapy to ethnically diverse undergraduate and graduate students; performed clinical evaluations and referrals; conducted walk-in intakes; established liasons with dormitory resident assistants and provided consultation; responded to emergencies and provided crisis intervention.

Supervisors: Jonathan Bloom-Feshbach, Ph.D.; Susan Gordon, Ph.D.; Lucy Pugh, Ph.D.; John Shill, M.D.; Charles Tartaglia, M.D.

**TUFTS UNIVERSITY MEDICAL CENTER / VETERAN AFFAIRS MEDICAL CENTER, Boston, MA**

**Psychology Intern, 9/90 - 8/91**

Performed clinical assessment, formal testing, and psychological treatment on child/adolescent outpatient and adult acute care inpatient psychiatry units; co-led psychodynamic and behavioral psychotherapy groups on an ethnically diverse inpatient substance abuse ward; conducted long-term individual outpatient psychotherapy with adults; provided psychiatric evaluation of adults, adolescents, and children in emergency rooms. Supervisors: Deborah Brief, Ph.D.; David Doolittle, Ph.D.; Philip Kleespies, Ph.D.; Sid Mondell, Ph.D.

**PSYCHOLOGICAL CLINIC, RUTGERS UNIVERSITY, Piscataway, NJ**

**Outpatient Clinician, 2/87 - 8/90**

4-hour per week practicum with ethnically diverse clients. Provided long-term and time-limited individual psychodynamic therapy to adults; conducted couples therapy. Intensive supervision by licensed psychologists: 1 hour per client hour.

**PROGRAM FOR ADDICTIONS CONSULTATION & TREATMENT, ST. PETER'S HOSPITAL,**

**New Brunswick, NJ**

**Clinician, 9/88 - 8/89**

16-hour per week paid practicum. Provided outpatient individual and couples therapy to substance abusers and their spouses; screened charts, assessed, and consulted with general medical inpatients. Population ages 18-80. Supervisors: James Langenbucher, Ph.D.; Barbara McCrady, Ph.D.

**STUDENT CLINICAL EXPERIENCE (continued):**

**DUNELLEN CMHC, UNIVERSITY OF MEDICINE & DENTISTRY OF NJ, Dunnellen, NJ**

**Psychotherapist, 9/87 - 5/88**

8-hour per week practicum. Conducted outpatient clinical evaluations and eclectic psychological treatment of adults, adolescents, and couples. Supervisor: David Siegman, Psy.D.

**DOUGLASS COLLEGE PSYCHOLOGICAL SERVICES, RUTGERS UNIVERSITY,  
New Brunswick, NJ**

**Therapist, 9/86 - 5/87**

12-hour per week practicum. Provided short and long-term individual psychodynamic therapy to undergraduate students; presented outreach programs in dormitories on topics such as stress, depression, eating disorders, date rape. Supervisor: Georgette Kelly, Ed.D.

**OTHER PROFESSIONAL EXPERIENCE:**

**NEW JERSEY YM-YWHA CAMPS SENIOR ADULT VACATION CENTER, Lake Como, PA**

**Administrative Assistant, 6/87 - 8/87**

Summer employment. Functioned as assistant director of recreational program for senior citizens. Planned activities; conducted discussions and relaxation workshops; managed physical camp.

**CENTER HOUSE, INC., Boston, MA – Multiservice agency**

**Vocational Placement Specialist, 7/84 - 8/86**

Counseled mentally ill adults in transitional employment program: assessed employment readiness; provided job and coping skills training in individual and group sessions; placed clients in jobs and provided individual follow-up services; performed crisis intervention.

Special Accomplishments: Conducted extensive community outreach; established liaison with state psychiatric hospital.

**NORTH SUBURBAN SPECIAL RECREATION ASSOCIATION, Highland Park, IL**

**Recreational Counselor, 6/83 - 8/83**

Summer employment. Created and implemented daily activities for severely physically impaired / developmentally disabled adolescents; planned and executed behavior management programs; supervised assistant counselor.

**MASSACHUSETTS REHABILITATION COMMISSION, Brookline, MA**

**Rehabilitation Counseling Intern, 1/83 - 5/83**

12-hour per week practicum. Observed and provided personal/vocational counseling for emotionally and physically impaired adults; co-led short-term vocational issues group; administered interest and ability tests.

**D.E.A.F. INC., Allston, MA – Deaf Services Agency**

**Student Volunteer, 1/82 - 5/82**

5 hours per week. Assisted in agency for evaluation and counseling of the deaf. Communicated with deaf employees in American Sign Language; answered the TDD; typed psychological reports.

**RESEARCH EXPERIENCE:**

**CENTER OF ALCOHOL STUDIES, RUTGERS UNIVERSITY, Piscataway, NJ**

**Research Assistant, 9/89 - 8/90**

Managed research project on "The Present and Future Status of Primary Prevention of Substance Abuse."  
Recruited subjects; designed polling materials; organized and analyzed data; conducted literature reviews.  
Supervisor: James Langenbucher, Ph.D., principal investigator.

**MCLEAN HOSPITAL APPLETON ALCOHOL TREATMENT CENTER, Belmont, MA**

**Research Intern, 1/84 - 7/86**

Observed and recorded weekly outpatient psychodynamic therapy group; assisted director in designing study on the duration of treatment; collected data; supervised student intern.  
Supervisor: Marsha Vannicelli, Ph.D.

**TUFTS UNIVERSITY PSYCHOLOGY DEPARTMENT, Medford, MA**

**Research Assistant, 1/83 - 5/83**

Planned experiment and developed materials to assess how children learn to comprehend words with multiple meanings. Supervisor: David Swinney, Ph.D.

**PROFESSIONAL DEVELOPMENT (last updated 7/05):**

Mental Health Ethics / Risk Management - 2005, 2004, 2003, 2001, 2000, 1996  
Couples Therapy – 2005, 1997, 1996  
Social Anxiety Disorder - 2004  
Self-Injury - 2004  
EMDR Basic Training Part I - 2003  
Adolescents: Angry, Oppositional, Depressed – 2003, Children & Adolescents – 2000  
Families in Transition / Turmoil due to Separation & Divorce – 2003  
Mindfulness / Mind/Body Approaches – 2002, 1996, 1995  
Practice Management - 2002  
Treatment of Anorexia, Bulimia, and Compulsive Overeating - 2002  
Trauma – 2002, 1994; Trauma and Addictions - 1998  
Pain Perception and Treatment - 2001  
Integrating Spirituality in Clinical Practice - 2001  
Motivational Interviewing for Hard-to-Reach Clients - 2001  
Raising Sons / Daughters: Gender, Competence, Connectedness - 2000  
Shame / Self-Esteem in the Lives of Parents - 2000  
Preventing & Controlling Violence in Clinical Settings – 2000, 1994  
Boundaries and Intense Affect - 2000  
Clinical Supervision – 1999, 1998, 1994  
Grief and Loss – 1999, 1994  
Cognitive-Behavioral Interventions for Obsessive Compulsive Disorder - 1998  
Group Psychotherapy – 1998, 1997  
Body Dysmorphic Disorder - 1997  
Attention Deficit, Oppositional Defiant, and Conduct Disorders - 1997  
Solution-Focused Brief Therapy - 1996  
Therapeutic Uses of Storytelling – 1996  
Universal Precautions – 2002, 2000, 1996, 1995, 1993  
Mental Status Exams - 1995  
Substance Abuse "Intervention" – 1994; Prevention Symposium - 1989  
American Psychological Association Annual Conventions - 1992, 1987

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**PROFESSIONAL DEVELOPMENT (continued):**

Georgetown University: Techniques of Psychoanalytic Psychotherapy, Eating Disorders,

Ethnocultural Factors in Therapy, Developmental Approaches to Treatment - 1991-1992  
Human Sexuality - 1988  
New Jersey Psychological Association Fall Conference - 1987  
Vocational Rehabilitation in Mental Health - 1985, 1984

**RELEVANT UNIVERSITY COURSEWORK:**

GRADUATE:                   - Theory & technique for psychodynamic, behavioral, humanistic, and family systems orientations  
                                  - Advanced group supervision for psychodynamic therapy  
                                  - Short-term dynamic psychotherapy  
                                  - Cognitive assessment of children and adults  
                                  - Projective assessment of adults  
                                  - Minority assessment and interventions  
UNDERGRADUATE:       Normal and abnormal psychology, with concentrations in vocational rehabilitation, socialization, and American Sign Language & deaf culture.

**PROFESSIONAL MEMBERSHIPS:**

1991-Present    American Psychological Association - Member  
1988-1989       New Jersey Psychological Association - Affiliate

**HONORS / AWARDS:**

- Merit Scholarship, Rutgers University, 1986-1988  
- Member, Psi Chi National Honor Society in Psychology, 1983  
- Columbia University Scholastic Press Journalism Award, 1980

**DISSERTATION:**

*A Descriptive Model of Resilience to Alcohol and Other Drug Problems.*  
Chairperson: James Langenbucher, Ph.D.

**REFERENCES:**

Stephen Hylan, LICSW  
Peer Supervisor 1996 – present; Former Assistant Director - The Counseling Center of Nashua  
Now at Salem Public Schools and Private Practice: (978) 681-4111

Faith Benton, Ph.D.  
Psychologist in private practice in Arlington, MA. Peer Supervisor 1986 - Present.  
(781) 648-9202.

David Lynde, LICSW  
Clinical Supervisor 1998 – 2000 at CLM Behavioral Health  
Now at Dartmouth Hitchcock Research Center, Concord, NH: (603) 271-8338

Folger Cleaveland, Ph.D.  
Clinical Supervisor 1993-1996 at City of Alexandria Dept. of MH/MR/SA  
Now at New Bedford VA Medical Center, New Bedford, MA: (508) 999-6920

ADDITIONAL REFERENCES AVAILABLE UPON REQUEST